



The Boskydell Bulletin

“AUGUST - A TIME OF REST?”

BY DIANA PIETRO

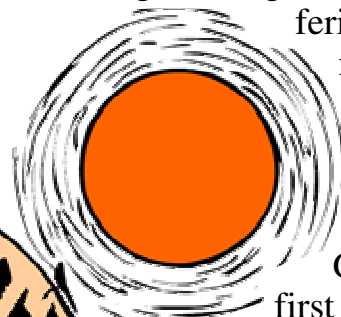
As the high heat of August settles in, we find ourselves at a unique crossroads in the calendar. The long, unstructured days of early summer are fading. In their place, the familiar, fast-paced rhythms of late summer are taking over. Back-to-school shopping, scheduled sports practices, and final vacation trips dominate our family calendars. It is incredibly easy for our spiritual lives to get caught in the draft of this seasonal rush.

August often feels like a month of waiting for the next big transition. However, Scripture reminds us that God does not want us to just survive our busy seasons; He wants us to find rest in Him right in the middle of them.

In Exodus 33:14, the Lord promises Moses, "My Presence will go with you, and I will give you rest." Notice that God does not promise to instantly remove Moses from the exhausting desert journey. Instead, He promises His presence during the journey. True biblical rest — Sabbath rest — is not about the absence of work or a blank calendar. It is about the

presence of God filling our hearts while we manage our daily responsibilities.

How do we cultivate this spiritual rest during the busy weeks of August? Begin with small offerings. You do



not need hours of isolation to connect with God. Give Him the first five minutes of your morning in quiet prayer before checking your phone.

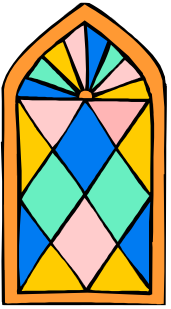
Practice active gratitude. Take a moment during dinner to name three specific blessings from your day. This simple habit shifts your mindset from stress to abundance.

Guard your Sundays. Prioritize corporate worship with your church family. Gathering together keeps us anchored when the world tries to pull us in a dozen different directions.

Before the autumn routines officially begin, let us slow down and check our spiritual foundations. Let us intentionally build a sanctuary of peace in our hearts. May this August be a time when we do not just change our calendars, but grow closer to the One who holds time in His hands.



OUR CONTINUING PRAYER LIST – AUGUST 2026



Stephen and Sue Combs, Milton and Corene, Patty and Larry Jackson, Jane Evans, Mac Hine, Harold Lee, Tim Oats, David and Nancy Fligor, Mike and Terry as well as her brother Joe and her sisters Jennifer, Karen, Nancy, and Elizabeth, Chris Bobell, David and Marty Francis, Noralee's friend Julie, Roger Byers, Rudy Rodriguez, the Carl Schulz family, Billy's friends Pat and Gary, Tommy Banks, T.J. Gentry, the Middle East, our church, missionaries, military, and government officials throughout the world.

*JOIN US ON AUGUST
16TH FOR A POTLUCK
LUNCH FOLLOWING
THE MORNING WORSHIP
SERVICE TO CELEBRATE
THE 120TH ANNIVERSARY
OF BOSKYDELL BAPTIST
CHURCH.*

ALL ARE WELCOME!



RECIPE OF THE MONTH: FUNNY CAKE (A 4H RECIPE)

1½ cup flour
½ tsp. salt
1 cup cold water
¼ cup cocoa
1 tsp. vanilla
1 cup sugar
1 tsp. baking soda

⅓ cup vegetable oil
1 tsp. vinegar

—————
Sift flour, sugar, cocoa, bak-
ing soda, and salt into un-
dressed 8" x 8" pan. With
mixing spoon, make 3 holes

in the dry mixture. In one
hole, put vinegar. In another
hole put vanilla, and in the
last hole put oil. Gradually
pour the cold water over the
mixture. Stir until there are
no lumps. Bake in 350° oven
for about 35 minutes.

August 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5	6  <i>Keith & Noralee Ellis' Anniversary</i>	7	8
9	10	11	12	13  <i>Piper Gullett's Birthday</i>	14  <i>Billy Ansel's Birthday</i>	15  <i>Church's 120th Anniversary</i>
16 	17	18	19  <i>Thomas Gullett's Birthday</i>	20	21	22
23	24  <i>Harold Lee Cox's Birthday</i>	25  <i>Sheridan Coleman's Birthday</i>	26	27	28	29
30	31					

Come worship with us...

BOSKYDELL BAPTIST CHURCH
3518 Boskydell Road
Carbondale, IL 62903
WORSHIP SERVICE - 10:30 AM

Church Mice™

A Christian Cartoon by Karl Zorowski



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